2025 BLACK HILLS NATIONALS GIRLS GLAM SLAM

GIRLS/WOMENS DIVISIONS/WEIGHT CLASSES

Division Age (Date of Birth Range)	**6U 6-under (10/11/2018 - 01/01/2024)**	**8U 7-8 (10/11/2016 - 10/10/2018)**	**10U 9-10 (10/11/2014 - 10/10/2016)**	**12U 11-12 (10/11/2012 - 10/10/2014)**	**14U 13-14 (10/11/2010 - 10/10/2012)**	**High School 9th-12th Grade (10/11/2006 - 10/10/2010)**	**Seniors 19-29 (10/11/1996 - 10/10/2006)**	**Masters 30-49 (10/11/1976 - 10/10/1996)**	**Grand Masters 50-up (10/11/1948 - 10/10/1976)**
	35	40	53	58	73	95	125	125	125
	40	45	58	65	77	100	133	133	133
	45	50	65	73	82	106	141	141	141
	50	55	73	82	91	112	149	149	149
	55	60	82	91	100	118	157	157	157
	65	65	91	100	115	124	165	165	165
	HWT	70	100	107	130	130	174	174	174
	(90 max)	75	112	115	145	138	185	185	185
		80	130	130	160	148	197	197	197
		90	HWT	145	175	160	215	215	215
		HWT	(175 max)	HWT	HWT	185	HWT	HWT	HWT
		(125 max)		(175 max)	(200 max)	HWT	(250 max)	(250 max)	(250 max)
						(235 max)			