



WRESTLING UPDATE

UPCOMING NATIONAL TOURNAMENTS 2019

16th Annual Black Hills Nationals – March 30th



Black Hills Folkstyle World Championship
MARCH 29TH- 30TH
SPEARFISH, SD

Lee Pamulak Middle School Duals
MARCH 29TH - 30TH
DES MOINES, IA

Freshman/Sophomore National Duals
MARCH 29TH - 30TH
DES MOINES, IA

KEYSTONE FOLKSTYLE NATIONALS
INDIANA, PA
APRIL 5-7, 2019

Elementary School Duals
APRIL 12 - 14
KINGSPORT, TN

AAU Scholastic Duals
ESPN WIDE WORLD OF SPORTS
ORLANDO, FL
JUNE 18 - 24, 2019

If you are looking for a great wrestling tournament this weekend at an amazing destination location for family, the Black Hills Nationals Wrestling Tournament is for you!

Since 2003, this AAU National Folkstyle Championship is held annually in beautiful Spearfish, South Dakota, home of the Black Hills State University and the dynamic Spearfish Canyon. The iconic Midwestern tournament brings together hundreds of wrestling fans from over 20 states nationwide.

New to the tournament this year are wrestlers from Indiana, Washington, and Illinois. This event is for competitors from 6 and under to an Adult Masters Division for ages 30 and over. Black Hills offers 10 mats of extremely competitive wrestling and they are anticipating over 700 wrestlers this year.

Spearfish and Deadwood will be rolling out the red carpet for teams from all over the country from the Eastern Seaboard to California.

Tournament Director Frank Pavich states "I'm eager to see everyone here this weekend. We have some quality wrestlers headed into this tournament with State Champions and State Placers from many different states". He has seen the competitor list and is impressed with how many states are represented this year. Frank says "This tournament is in it's 16th year. Some of the competitors are part of a 2nd generation. Their parents wrestled at this tournament and the teams are coming in knowing they will find a quality tournament, with high level officials, that is well run". Black Hills is an official AAU qualifier tournament for the referees at the Disney Duals.

Go to the tournament website www.bhnationals.com for more information and a direct link to accommodations and registration. If you have a desire to be a part of a great weekend of competition with a spectacular view of one of the nations greatest monuments, they would love to see you!

